

HO'OIKAIKA PARTNERSHIP

*Working together to keep
our 'ohana safe and supported*



PROTECTIVE FACTOR TRAINING FOR KAKOU FOR KEIKI, TALKING IS TEACHING CAMPAIGN



POLL:
**DO YOU ALREADY INCORPORATE
PROTECTIVE FACTORS IN YOUR WORK?**



YOU DO, YOU JUST DON'T NAME IT!

SOCIETAL AND ECONOMIC FACTORS

COMMUNITY FACTORS

RISK FACTORS

PARENTAL STRESS



POVERTY

DOMESTIC VIOLENCE

HOUSELESSNESS

SUBSTANCE USE



No Shame



PROTECTIVE FACTORS:

" MāLAMA 'OHANA"

NURTURING & ATTACHMENT

" PARENTING CAN BE HARD, BUT CAN"

KNOWLEDGE OF PARENTING AND CHILD DEVELOPMENT

"SHOW KEIKI ALOHA"

SOCIAL AND EMOTIONAL COMPETENCE IN CHILDREN

"HOW YOU STAY"

SOCIAL CONNECTIONS

"FIRST, MAKE YOURSELF PONO"

PARENTAL RESILIENCE

"NO SHAME"

CONCRETE SUPPORTS IN TIMES OF NEED.

Parenting can be hard.



but can



MāLAMA 'OHANA
NURTURING/ATTACHMENT

WHEN PARENTS AND CHILDREN HAVE STRONG, WARM FEELINGS FOR ONE ANOTHER, CHILDREN DEVELOP TRUST THAT THEIR PARENTS WILL PROVIDE WHAT THEY NEED TO THRIVE, INCLUDING LOVE, ACCEPTANCE, POSITIVE GUIDANCE, AND PROTECTION.

ASK PARENT OR CAREGIVER, WHAT THEY DO:
(MAKE SUGGESTS TO PROMOTE BONDING & ATTACHMENT)

- READ, SING AND TALK TO KEIKI
- SNUGGLE, CUDDLE AND HUG
- PROMOTE SKIN TO SKIN CONTACT WITH INFANTS
- MAKING TIME TOGETHER
- EAT MEALS TOGETHER

PARENTING CAN BE HARD, BUT CAN KNOWLEDGE OF PARENTING AND CHILD DEVELOPMENT

PARENTING DOES NOT COME WITH A MANUAL. AS CHILDREN GROW FROM BABIES TO TODDLERS TO CHILDREN TO TEENS, THEY CHANGE. THEIR BEHAVIORS ARE AS DIFFERENT AS THEIR NEEDS. PARENTING EVOLVES WITH THE CHILD.

PARENTING STYLES NEED TO BE ADJUSTED FOR EACH CHILD'S UNIQUE TEMPERAMENT AND CIRCUMSTANCES.
BEING A GREAT PARENT IS PART NATURAL AND PART LEARNED. ALL PARENTS FACE CHALLENGES AND NEED
ADVICE ALONG THE WAY.

EXAMPLES OF QUESTIONS/REFLECTIONS:

CHILDREN HAVE REASONS FOR BEHAVING THE WAY THAT THEY
DO

ASK: WHAT DO YOU THINK YOUR CHILD IS FEELING OR
NEEDING FROM YOU?

WHAT IS THE ONE THING I COULD TRY BEFORE, DURING, OR
AFTER THE BEHAVIOR OCCURS?

WHERE COULD I RECEIVE ADDITIONAL SUPPORT, IF I NEED IT?

MAKE TIME FOR 9!

KEIKI NEED THEIR PARENTS TIME, BUT WITH BUSY
SCHEDULES SOMETIMES MAKING TIME CAN BE TOUGH.

HERE'S 3 IMPORTANT TIMES A DAY
FOR PARENT-CHILD CONNECTION

TAKE 9 MINUTES:

3 MINS. WHEN KEIKI WAKE UP

3 MINS. WHEN THEY COME HOME FROM SCHOOL OR
DAYCARE

3 MINS. BEFORE BED TO READ, SING AND SNUGGLE!

SHOW KEIKI ALOHA, SOCIAL AND EMOTIONAL COMPETENCE IN CHILDREN
PARENTS AND CAREGIVERS DEMONSTRATE LOVE TO CHILDREN THROUGH ACTS OF KINDNESS,
PROTECTION AND CARING.

HELP THE PARENT CONNECT IMPORTANT SOCIAL SKILLS WITH TYPICAL CHILD DEVELOPMENT.
(FOR EXAMPLE, I HEAR YOU SAYING THAT SHARING IS REALLY IMPORTANT TO YOU. MOST CHILDREN DEVELOP THE
ABILITY TO SHARE THEIR TOYS AROUND AGE 5.

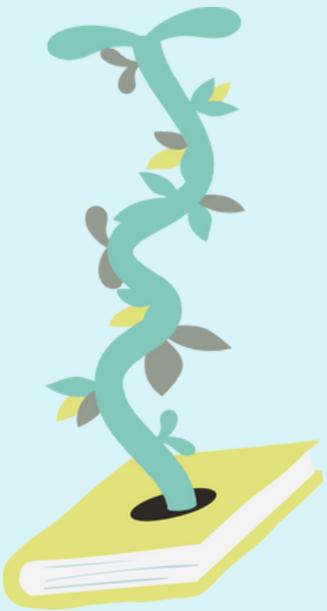
HELP YOUR CHILD LEARN SOCIAL SKILLS

CHILDREN WITH STRONG SOCIAL SKILLS GET ALONG BETTER WITH
OTHERS. YOU ARE YOUR CHILD'S FIRST AND MOST IMPORTANT TEACHER.

ONE SOCIAL SKILL I WOULD LIKE TO HELP MY KEIKI IMPROVE:

I ENCOURAGE THIS SKILL BY:

PRAISING THEM WHEN THEY DO THIS WELL
NAMING FEELINGS (MY OWN AND/OR MY CHILD'S)
CELEBRATING MY CHILD'S UNIQUE SELF
TEACHING MY CHILD ABOUT HIS OR HER CULTURAL IDENTITY
TALKING ABOUT AND CELEBRATING DIFFERENCES



Aa
Bb Cc



HOW YOU STAY, SOCIAL CONNECTIONS

TAKE THE TIME BEFORE THE JOURNEY BEGINS OR IN THE MIDST OF IT TO ACKNOWLEDGE AND CONNECT WITH THE PEOPLE WHO WILL SUPPORT YOU IN IT. WHEN PARENTS AND CAREGIVERS HAVE A SOCIAL NETWORK AND EMOTIONALLY SUPPORTIVE FRIENDS, FAMILY AND NEIGHBORS, THEY FIND IT EASIER TO CARE FOR THEIR CHILDREN AND THEMSELVES.



WHO'S IN YOUR CANOE

PARENTING REQUIRES PREPARATION AND A TEAM. OUR PARENTING TEAM INCLUDES THE PEOPLE WHO LOVE, CARE FOR, TEACH AND PROTECT OUR CHILDREN.

WHAT IS YOUR JOURNEY, HUAKA'I? YOUR GOALS, PAHU HOPE? (WRITE YOUR GOALS HERE.)

WHO'S IN YOUR CANOE, WA'A?

WHO YOU DO YOU LEAN ON FOR SUPPORT, LOVE, AND/OR PROTECTION? (NAME YOUR SUPPORT PEOPLE HERE.)

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WHAT PLACES TO GO TO FOR HELP IN YOUR COMMUNITY. (NAME THOSE PLACES HERE.)

FIRST, MAKE YOURSELF PONO! PARENTAL RESILIENCE

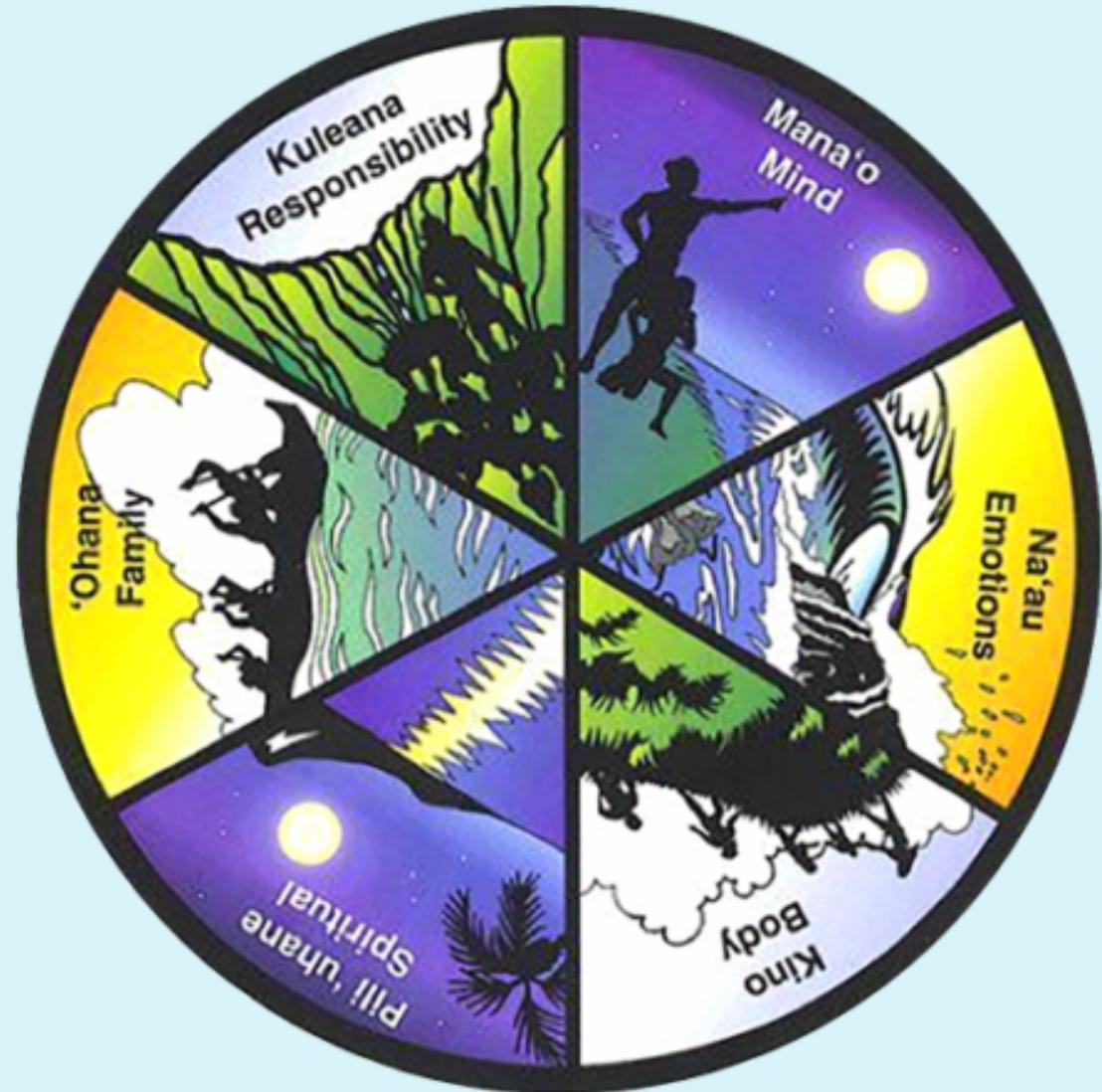
PARENTS WHO CAN COPE WITH THE STRESSES OF EVERYDAY LIFE AND THE OCCASIONAL CRISIS HAVE RESILIENCE. THERE IS NO SHAME IN OFFERING HELP AS A MEMBER OF THE COMMUNITY OR IN RECEIVING HELP WHEN WE NEED IT.

ASK: WHAT DO YOU NOTICE WHEN YOU ARE UNDER A LOT OF STRESS? HOW IS YOUR PARENTING AFFECTED WHEN YOU ARE STRESSED?

TALK WITH CAREGIVERS ABOUT HOW CHILDREN CAN PICK UP ON FAMILY STRESS AND SHOW MANY OF THE SAME SIGNS.

ASK: HOW CAN YOU TELL WHEN YOUR CHILD IS FEELING STRESSED?

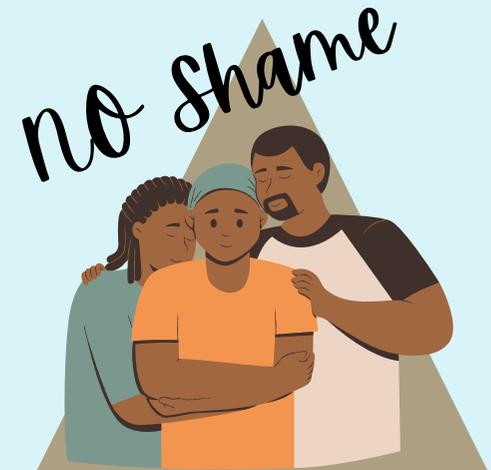
WHAT IS ONE THING YOU CAN DO THIS WEEK?



NO SHAME, CONCRETE SUPPORTS IN TIMES OF NEED

FAMILIES WHO CAN MEET THEIR OWN BASIC NEEDS FOR FOOD, CLOTHING, HOUSING AND TRANSPORTATION, AS WELL AS SERVICES FOR CHILD CARE AND HEALTH NEEDS, ARE BETTER EQUIPPED TO ENSURE THEIR CHILDREN'S SAFETY AND WELL-BEING.

ENDING THE STIGMA OF ASKING FOR HELP!



ASK: CAN YOU THINK OF A TIME WHEN YOU ASKED FOR HELP IN THE PAST?
(FOR EXAMPLE, WHEN THEY CONNECTED WITH YOUR ORGANIZATION.)

POINT OUT HOW BRAVE THEY WERE TO ACCEPT HELP AND ASK WHAT MADE
THAT EXPERIENCE SUCCESSFUL FOR THEM.

ANY
QUESTIONS?????

